



Pre-K 4 SA Menu: August 31st - September 4th, 2015

(Cycle: Week 2, Day 6 - 10)

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	31-Aug		1-Sep		2-Sep		3-Sep		4-Sep	
Breakfast	Honey Scooters, WG	1 oz/1 ea	Turkey Sausage Patty		WW French Toast Sticks		Breakfast Sandwich		Fruit & Yogurt Plate	
	Seasonal Fresh Fruit	1/2 cup	WG Biscuit		Cinnamon Apples		Turkey Canadian Bacon		Vanilla Yogurt	
	Milk	8 fl oz	Mandarin Orange Cup		Milk		Sliced Cheese		Granola	
			Milk				WW English Muffin		Diced Peaches	
							Seasonal Fresh Fruit		Milk	
							Milk			
Lunch	Salisbury Steak	3 oz/1 ea	Chicken Parmesan		Chicken Sloppy Joes		Sweet & Sour Chicken		WG Pollock Fish Sticks	
	Mushroom Gravy	1 oz	Breaded Chicken Patty		Ground Chicken		Grilled Chicken Strips		WW Roll	
	WW Egg Noodles	1/2 cup ckd	WW Spaghetti		Sloppy Joe Sauce		Sweet & Sour Sauce		Steamed Corn	
	Brown Sugar Baby Carrots	1/2 cup	Spaghetti Sauce		WW Hamburger Bun		Steamed Brown Rice		Seasonal Fresh Fruit	
	Pineapple Tidbit Cup	1/2 cup	Shredded Mozzarella		Diced Butternut Squash		Edamame		Milk	
	Milk	8 fl oz	Steamed Broccoli		Wax & Green Beans		Seasonal Fresh Fruit			
			Milk		Milk		Milk			
Snack	WG Animal Crackers	0.9 oz/1 ea	Honey Graham Crackers		Vanilla Wafer Cookies		Cheddar Rectangle		Apple Cereal Bar	
	Fruit Yogurt Cup	4 oz/1 ea	Applesauce Cup		Craisins		WW Crackers		Mozzarella String Cheese	
Late Snack	Mozzarella String Cheese	1 oz/1 ea	Pineapple Cereal Bar		White Cheddar Popcorn		Mini WG Bagel		Gingerbread Cookie	
	WG Chocolate Graham	1 oz/1 ea	Seasonal Fresh Fruit		100% Grape Juice		LF Cream Cheese		Milk	

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